



Delivering the best maternity experience

Positive about Down syndrome provides expectant and new parents of a baby with Down syndrome with the information and ongoing support they deserve. PADS shares the essential lived experience that parents crave to understand. We currently deliver ongoing support to over 1,500 expectant and new parents.

PADS is delighted to supply free resources to maternity units to display and distribute. We also deliver online training to medical practitioners across the UK tailored to your requirements.

To arrange for free resources to be sent and/or online training to be provided please email:

lucienne.cooper@downsyndromeuk.co.uk





**Positive about
Down syndrome**



Before I found PADS, I felt so alone, had no one to talk to, no one who understood how I'd been feeling. Now I'm in a group with other expectant women who understand my concerns and uncertainty.

Chloe Williams, Former member of PADS Great Expectations Group and now in PADS New Parents Group

Thank you so, so much for the teaching, it was so powerful and many of the staff present were talking about the session throughout the day. Your stories were so insightful. We have the leaflets / flyers and the books now with all of our other resources, and many of the staff are keen to read the #NobodyToldMe book.



Dr. Jonathan Hurst MB ChB (Hons) MSc PGCert FRCPCH
Consultant Neonatologist, Liverpool Women's Hospital



Thank you for the training it was excellent. It is always difficult for staff to get the time to do training and was a real positive so many made time to attend. Thank you all so much for a brilliant session and for making our staff thoughtful of their language and attitude going forwards.

Sallie Ward, Lead Midwife - Local Maternity System
Humber, Coast and Vale Health and Care Partnership

