

## Lower Key Stage 2 – Lesson Plan for Down syndrome Awareness

This presentation has been created by Down syndrome UK, registered charity number 1184564 It is available for general use but would ask that if a school has a member(s) who has/have Down syndrome, or there are close relatives of a young person with Down syndrome, that you seek permission of the Parents/Carers first.

We hope you find this lesson plan and presentation informative and insightful We would welcome your feedback: [info@positiveaboutdownsyndrome.co.uk](mailto:info@positiveaboutdownsyndrome.co.uk).

Please note that this presentation contains links to YouTube so please ensure you can access beforehand

<u>Lesson Plan – Lower KS2 – Y3 and Y4</u>	
<p><b>World Down Syndrome Day (WDSD)</b> is observed on March 21st however Down syndrome Awareness Month includes the whole of October. Across the world people run events to raise public awareness, advocating for the rights and inclusion of people with Down syndrome. World Down Syndrome Day is on March 21st, chosen to represent the 3 copies of the 21st chromosome present in individuals with Down syndrome.</p>	
<p><b>Aims:</b></p> <ul style="list-style-type: none"> <li>• To realise that children with Down Syndrome are more alike than different.</li> <li>• To identify similarities and differences in people.</li> <li>• To have some understanding of what Down Syndrome is.</li> </ul>	<p><b>Resources:</b></p> <ul style="list-style-type: none"> <li>• This is Ella (inc in PowerPoint)</li> <li>• Socks (staff to provide)</li> <li>• Whiteboard and pen for each child</li> <li>• iPad / computer</li> <li>• Resource sheet 1 &amp; 2 (below)</li> </ul>

Timing:	Activity:
10 mins	<p><b>Introduction:</b>        Children answer quiz questions about themselves on Resource Sheet 1.</p> <p>Children then spend a few minutes going around the classroom, trying to find other children with the same answers as them.        Write name of person with same answer on their quiz sheet.</p> <p>Slides 3-12 Read the story of 'This is Ella' by Krista Ewert. Explain that Ella has Down syndrome</p> <p>Discuss why it's okay to be different to someone else and that's what makes us individual.        Give the children opportunities to share their thoughts.</p>
15 mins	<p><b>Main Lesson:</b>        Introduce the term Down syndrome.        Slides 13-18 Show PowerPoint and explain what Down syndrome is.</p>

	<p>Whilst children with Down Syndrome share some physical characteristics, they look more like their families than each other.</p> <p>Slide 19 – Speech activity: Ask the children to put their thumbs in their mouths and to explain to each other what they had for breakfast and what they would like for dinner tonight.</p> <p>Sock activity: Choose 2 children and get the children to write their names. Now there is a catch! They need to write their names with their non-writing hand and put a sock over it.</p> <p>Talk about how much concentration and effort it took. Explain that children with Down syndrome must work hard at some things like writing, just like you.</p> <p>Slide 20 – Play video clip of Just Like You.</p>
<b>10 mins</b>	<p><b>True / false quiz:</b>            Slides 21-37 Play true/ false quiz.            Children to write true on one side of their whiteboard and false on the other side.</p> <p>Ask question and get children to hold up their answer on whiteboards. Choose children to ask why and explain reasons.</p>
<b>20 mins</b>	<p><b>Activity: Word Art</b>            Children need access to a computer or iPad.            Ask the children what have they learnt about Down syndrome?            Write key points/vocabulary on the board.  <a href="https://wordart.com">https://wordart.com</a> – How to use Wort Art - Resource 2            Individually or in pairs children enter key vocabulary for Down syndrome into Word Art and create picture.            Children to choose own, text, font, colour. Use shape of hands below.</p> 
5 mins	<p><b>Conclusion:</b>            Slide 38 – Closing questions:            What have we learnt about people with Down syndrome?            What could we do in the school and wider community?            What could we do with our Word Art creations?</p>

Thank you for supporting Down Syndrome UK and Positive About Down Syndrome with raising awareness.

Resource\_1

Quiz Sheet

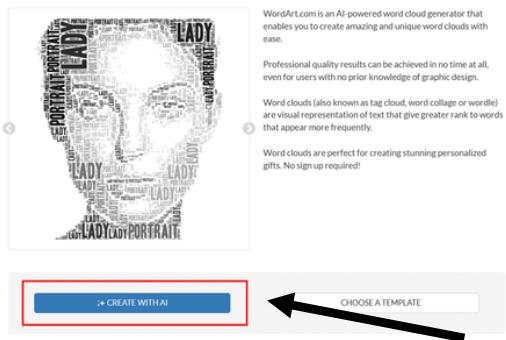
Question	Your answer	People with same answer
What is your favourite TV program?		
What are you most scared of?		
Who is your favourite author?		
What is your favourite pizza topping?		
What do you want to be when you grow up?		
What is your shoe size?		
What is your favourite sport?		
If you could have a superpower, what would it be?		



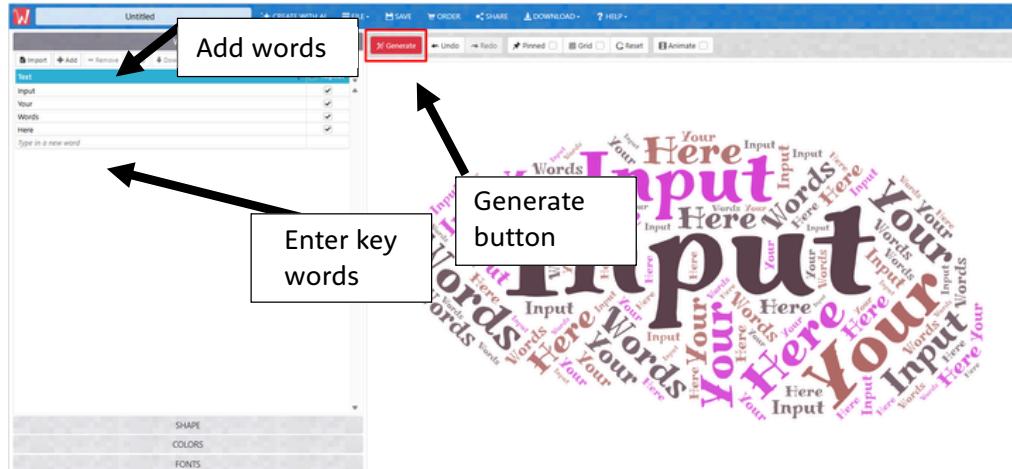
## Resource 2 –Word Art Guide

## 1. Go to Word Art

## Turn Words into Stunning Art with AI



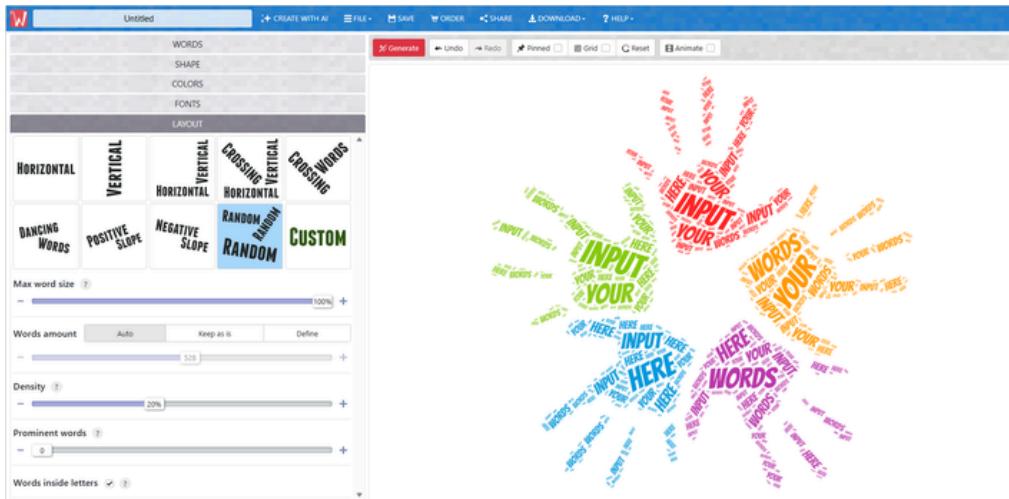
2. Click on “CREATE WITH AI”
3. Enter key vocabulary in “WORDS”. If you want to add more words press the +Add button. When finished, click ‘GENERATE’



4. Change shape to the hands picture. Click on “SHAPES” tab, then search for “hands” and finally choose hands picture. Click ‘GENERATE’ again to change the shape.



5. To change the colour, font and the direction of the writing click on “FONTS”, “LAYOUT” and “STYLE” tabs. When finished press “GENERATE”



6. When you are happy with your WORD ART press print.