DSUK
Down Syndrome UK

Positive About Down Syndrome

Looking for information about Down syndrome?

Down syndrome is a naturally occurring genetic condition. Babies with Down syndrome are born in every country to parents of all ages, races, religions and backgrounds.

Everyone with Down syndrome has a learning disability, it takes longer to learn new information and master skills but with greater inclusion, our young people now have the opportunity to fulfil their potential. Children with Down syndrome usually take longer to learn to talk, so may use Makaton sign language, and are generally great at letting you know what they need!

You may never have met anyone with Down syndrome and may be unsure how to react, what to say or to do... the bottom line is that our children are not that different to yours... they need to be loved and cared for. They want to have friends, belong, be included and enjoy life.

Whilst people with Down syndrome share some common physical characteristics, each is a unique individual with their own strengths and weaknesses, own character and personality, all influenced by their families, friends and life - just like the rest of us.

You may be nervous or unsure about inviting a child with Down syndrome or indeed any learning disability to play at your home or to a party. Please don't be! Have a chat with their parents or teacher, and you'll find there's nothing to be worried about. With your help we can ensure all our children grow up in a caring and inclusive society that embraces and accepts diversity.

If you'd like to understand a little more about Down syndrome, please read some of our stories on our website. You can also access an online copy of our book '#NobodyToldMe the truth about Down syndrome'.

If you know anyone who is expecting a baby with Down syndrome or is a new parent, we'd love to hear from them, so please share our details.

Support | Counselling | Training | Information | Campaign | Resources

www.downsyndromeuk.co.uk
info@downsyndromeuk.co.uk
0330 111 2121

Down Syndrome UK I Registered Charity No. 1184564